

## Smyrna Health and Wellness Center

100 South Main Street  
Smyrna, DE 19977

### From Dover

- Take DE-1 NORTH
- Take exit #114/US-13 toward South Smyrna
- Bear Right on South DuPont Blvd North (US-13)
- Go 1.0 mile and bear left on South Main Street
- Go 0.4 miles to Health and Wellness Center on right

### From Wilmington

- Take I-95 South
- Go 6.5 miles and take exit #4A onto DE-1 South
- Go 27 miles, take exit #119A/US-13 South toward Smyrna
- Go 3 miles and turn right on E.South Street
- Go one block and then turn left at Health and Wellness Center just after S. East Street



Please note: South Street is under construction. If coming from the north turn right at Rt. 6 (Wendy's corner) onto East Commerce Street. Continue until the light at South Main Street and turn left. Go one block to South Street, Christiana Care is on the corner, go past South Street and enter at the end of the building.

From the south you can turn onto South Main Street from Rt. 13.

The meeting room is on the second floor, there is an elevator at the entrance. Go left when you get off the elevator and left again at the hall. The meeting room is on the left.

